

Position	Race No.	Name	Club	Gender	Cat	Time	Run1	T1	Bike	T2	Run2	F Pos	M Pos
1	210	LIZZY EDGE	EAST MIDLANDS	F	TRISTAR3	0:22:20	0:06:32	00:17	0:12:43	00:21	0:02:27	1	
2	221	TOM HATTEE	EAST MIDLANDS	M	TRISTAR3	0:22:30	0:06:41	00:23	0:12:28	00:26	0:02:31		1
3	226	JAMIE KENNERSON	EAST MIDLANDS	M	TRISTAR3	0:22:35	0:07:05	00:23	0:12:11	00:24	0:02:32		2
4	253	ALEX VELOSO	WEST MIDLANDS	M	TRISTAR3	0:22:36	0:06:17	00:18	0:13:18	00:23	0:02:20		3
5	237	ELLIOT PALMER	EAST MIDLANDS	M	TRISTAR3	0:22:47	0:06:36	00:23	0:12:45	00:28	0:02:35		4
6	216	DANIEL GALLOWAY	WEST MIDLANDS	M	TRISTAR3	0:22:52	0:06:18	00:18	0:13:30	00:27	0:02:19		5
7	236	SOLOMON OKRAFO-SMART	EAST MIDLANDS	M	TRISTAR3	0:23:03	0:06:31	00:20	0:13:09	00:29	0:02:34		6
8	195	HENRI BEDFORD	WEST MIDLANDS	M	TRISTAR3	0:23:05	0:07:13	00:18	0:12:20	00:26	0:02:47		7
9	212	JAKE FISHER	EAST MIDLANDS	M	TRISTAR3	0:23:28	0:07:06	00:18	0:12:57	00:21	0:02:45		8
10	257	ELIZABETH WEBSTER	EAST MIDLANDS	F	TRISTAR3	0:23:29	0:06:51	00:19	0:13:14	00:25	0:02:40	2	
11	199	WILL BLOOM	EAST MIDLANDS	M	TRISTAR3	0:23:39	0:06:49	00:20	0:13:32	00:23	0:02:35		9
12	224	SAMUEL HUGHES	EAST MIDLANDS	M	TRISTAR3	0:23:47	0:07:05	00:17	0:13:18	00:25	0:02:42		10
13	214	JOSHUA FRENCH	WEST MIDLANDS	M	TRISTAR3	0:23:51	0:06:31	00:20	0:13:55	00:26	0:02:39		11
14	244	JODIE RUANE	WEST MIDLANDS	F	TRISTAR3	0:24:00	0:07:08	00:22	0:13:25	00:24	0:02:41	3	
15	193	DANIEL ARMSTRONG	EAST MIDLANDS	M	TRISTAR3	0:24:04	0:07:12	00:18	0:13:22	00:25	0:02:46		12
16	205	EMILY CROOKES	EAST MIDLANDS	F	TRISTAR3	0:24:06	0:07:25	00:28	0:13:05	00:23	0:02:45	4	
17	243	CASSEY ROOK	EAST MIDLANDS	M	TRISTAR3	0:24:11	0:07:09	00:27	0:13:17	00:36	0:02:42		13
18	239	FINLAY PREECE	EAST MIDLANDS	M	TRISTAR3	0:24:16	0:07:14	00:32	0:13:12	00:31	0:02:46		14
19	246	THOMAS SHEPHARD	GUEST	M	TRISTAR3	0:24:23	0:07:28	00:25	0:13:02	00:28	0:03:01		15
20	255	TESS WARD	WEST MIDLANDS	F	TRISTAR3	0:24:34	0:07:07	00:30	0:13:31	00:23	0:03:03	5	
21	234	JACK NEWMAN	WEST MIDLANDS	M	TRISTAR3	0:24:39	0:07:28	00:34	0:12:58	00:38	0:03:02		16
22	206	BENJAMIN DAVIES	EAST MIDLANDS	M	TRISTAR3	0:24:41	0:07:16	00:22	0:13:37	00:28	0:02:58		17
23	196	CALLUM BEGLEY	EAST MIDLANDS	M	TRISTAR3	0:24:44	0:07:21	00:20	0:13:49	00:26	0:02:48		18
24	211	THOMAS EDMOND	EAST MIDLANDS	M	TRISTAR3	0:24:48	0:07:42	00:18	0:13:30	00:25	0:02:53		19
25	203	KAI BUCKLEY	WEST MIDLANDS	M	TRISTAR3	0:25:14	0:07:37	00:23	0:13:43	00:31	0:02:59		20
26	245	THOMAS SEARGENT	EAST MIDLANDS	M	TRISTAR3	0:25:17	0:07:15	00:23	0:14:28	00:29	0:02:42		21
27	208	IMOGEN DEE	EAST MIDLANDS	F	TRISTAR3	0:25:20	0:07:08	00:21	0:14:40	00:23	0:02:48	6	
28	252	MAX THATCHER	EAST MIDLANDS	M	TRISTAR3	0:25:22	0:07:24				0:02:58		22
29	219	JAMES HANSON	EAST MIDLANDS	M	TRISTAR3	0:25:25	0:07:30	00:24	0:14:06	00:29	0:02:56		23
30	250	BENJAMIN SNELL	EAST MIDLANDS	M	TRISTAR3	0:25:44	0:07:25	00:23	0:14:26	00:25	0:03:04		24
31	258	MACKENZIE WELSH	EAST MIDLANDS	M	TRISTAR3	0:25:47	0:07:30	00:28	0:14:09	00:40	0:03:00		25
32	235	KURTIS NOGUEIRA	EAST MIDLANDS	M	TRISTAR3	0:25:50	0:07:30	00:22	0:14:25	00:30	0:03:03		26
33	209	MICHAELA DICK	EAST MIDLANDS	F	TRISTAR3	0:25:51	0:07:40	00:22	0:14:06	00:25	0:03:19	7	
34	228	ELLIOT LACEY	EAST MIDLANDS	M	TRISTAR3	0:26:08	0:07:41	00:34	0:14:13	00:38	0:03:03		27



Position	Race No.	Name	Club	Gender	Cat	Time	Run1	T1	Bike	T2	Run2	F Pos	M Pos
35	261	GEORGIE YORK	EAST MIDLANDS	F	TRISTAR3	0:26:11	0:07:56	00:33	0:13:45	00:36	0:03:21	8	
36	225	DYLAN HUGHES	EAST MIDLANDS	M	TRISTAR3	0:26:26	0:07:10	00:22	0:15:51	00:23	0:02:41		28
37	222	AMIE HATTON	EAST MIDLANDS	F	TRISTAR3	0:26:29	0:08:21	00:24	0:14:23	00:26	0:02:56	9	
38	207	HARRY DAY	EAST MIDLANDS	M	TRISTAR3	0:26:33	0:07:34	00:22	0:15:25	00:27	0:02:46		29
39	242	SOPHIE REEVES	EAST MIDLANDS	F	TRISTAR3	0:26:36	0:07:19	00:20	0:15:47	00:27	0:02:42	10	
40	190	ARCHIE ADAMS	EAST MIDLANDS	M	TRISTAR3	0:26:40	0:07:57	00:18	0:15:23	00:24	0:02:38		30
41	197	WILL BENTLEY	EAST MIDLANDS	M	TRISTAR3	0:26:41	0:07:26	00:18	0:15:37	00:27	0:02:53		31
42	233	MEGAN BO NEAVE	EAST MIDLANDS	F	TRISTAR3	0:26:50	0:08:35	00:22	0:14:04	00:26	0:03:23	11	
43	192	JOHN ANGUS	WEST MIDLANDS	M	TRISTAR3	0:26:50	0:06:54	00:21	0:16:20	00:28	0:02:47		32
44	198	FRANKIE BERRY	EAST MIDLANDS	F	TRISTAR3	0:26:52	0:07:38	00:26	0:15:28	00:25	0:02:54	12	
45	191	EMILY ALCOCK	EAST MIDLANDS	F	TRISTAR3	0:27:34	0:08:12	00:27	0:14:52	00:27	0:03:37	13	
46	232	FREYA MOTTRAM	EAST MIDLANDS	F	TRISTAR3	0:27:47	0:08:53	00:23	0:14:16	00:29	0:03:46	14	
47	218	ALICE HANNAN	EAST MIDLANDS	F	TRISTAR3	0:27:51	0:08:19	00:19	0:15:38	00:25	0:03:09	15	
48	248	LOUIS SMITH	EAST MIDLANDS	M	TRISTAR3	0:27:53	0:08:19	00:21	0:15:39	00:28	0:03:06		33
49	247	CHARLIE SIMPSON	EAST MIDLANDS	M	TRISTAR3	0:27:55	0:07:43	00:29	0:16:28	00:25	0:02:50		34
50	251	LAUREN TAYLOR	EAST MIDLANDS	F	TRISTAR3	0:28:01	0:08:29	00:22	0:15:46	00:27	0:02:57	16	
51	201	AMELIA BRIGGS-GOODE	EAST MIDLANDS	F	TRISTAR3	0:28:23	0:07:33	00:27	0:16:59	00:25	0:02:59	17	
52	260	EDWARD WRIGHT	EAST MIDLANDS	M	TRISTAR3	0:28:57	0:07:54	00:25	0:16:36	00:29	0:03:33		35
53	220	MIA HATHAWAY	WEST MIDLANDS	F	TRISTAR3	0:29:40	0:09:03	00:31	0:16:07	00:28	0:03:32	18	
54	215	ABBIE FRYER-WINDER	EAST MIDLANDS	F	TRISTAR3	0:29:47	0:09:06	00:22	0:16:47	00:20	0:03:12	19	
55	238	MACKENZIE PICKERING	EAST MIDLANDS	M	TRISTAR3	0:30:20	0:09:08	00:27	0:16:51	00:29	0:03:26		36
56	213	ISABELLE FRENCH	EAST MIDLANDS	F	TRISTAR3	0:30:31	0:09:04	00:23	0:17:16	00:28	0:03:20	20	
57	200	THOMAS BRETTON	EAST MIDLANDS	M	TRISTAR3	0:30:44	0:09:10	00:23	0:17:34	00:27	0:03:09		37
58	240	TALIA RATCLIFFE	EAST MIDLANDS	F	TRISTAR3	0:30:46	0:08:53	00:22	0:17:38	00:27	0:03:26	21	
59	230	ROSIE MAHONEY	EAST MIDLANDS	F	TRISTAR3	0:32:09	0:10:05	00:27	0:17:38	00:33	0:03:26	22	
60	259	ROHAN WELSH	EAST MIDLANDS	M	TRISTAR3	0:32:29	0:09:09	00:22	0:19:06	00:23	0:03:30		38
61	223	AMY HUDSON	EAST MIDLANDS	F	TRISTAR3	0:34:38	0:10:54	00:28	0:18:40	00:30	0:04:06	23	