

GREAT NORTHERN 10k RESULTS

SUNDAY 6TH MARCH 2016

Position	Bib #	Athlete Name	Gender	Category	Club	Chip Time	Gun Time	Time Diff
1	184	Stephen Strange	M	top 3	BASILDON AC	00:34:16	00:34:16	-
2	883	Peter GOODFELLOW	M	top 3		00:35:44	00:35:44	+00:01:28
3	50	Ben Darlow	M	top 3		00:37:49	00:37:49	+00:03:33
4	9	David Bains	M	MOpen		00:38:29	00:38:29	+00:04:13
5	886	Rob Greenlane	M	MV40		00:38:38	00:38:38	+00:04:22
6	37	Robin Clegg	M	MOpen		00:38:49	00:38:49	+00:04:33
7	192	Brian THOMAS	M	MV40	shelton striders	00:39:10	00:39:10	+00:04:54
8	25	Richard Burke	M	MV40		00:39:16	00:39:16	+00:05:00
9	27	Josh Carlisle	M	MOpen		00:39:16	00:39:16	+00:05:00
10	84	John HAYMAN	M	MOpen	North Derbyshire RC	00:39:20	00:39:20	+00:05:04
11	169	Tim Smith	M	MV40		00:39:32	00:39:32	+00:05:16
12	96	Jason jones	M	MV40		00:39:48	00:39:48	+00:05:32
13	155	Martyn Ryan	M	MOpen		00:41:35	00:41:35	+00:07:19
14	867	Chris Wilshaw	M	MOpen	Team Derby Runner	00:41:37	00:41:37	+00:07:21
15	168	Rebecca SMITH	F	top 3	RACING TNT	00:42:07	00:42:07	+00:07:51
16	51	Gareth Davies	M	MV40		00:42:12	00:42:12	+00:07:56
17	14	Jack Blaver	M	MOpen		00:42:18	00:42:18	+00:08:02
18	111	Ian Letman	M	MOpen		00:42:24	00:42:24	+00:08:08
19	67	Alessandro Ferrari	M	MOpen		00:42:26	00:42:26	+00:08:10
20	43	Richard Cooke	M	MOpen		00:42:27	00:42:27	+00:08:11
21	133	Andy Mullineux	M	MOpen		00:42:35	00:42:35	+00:08:19
22	160	Sarah Semmens	F	top 3		00:42:43	00:42:43	+00:08:27
23	143	CHRIS POOLEY	M	MV50		00:43:11	00:43:11	+00:08:55
24	109	Martyn Lawson	M	MOpen		00:43:35	00:43:35	+00:09:19
25	2	Lewis Adams	M	MOpen		00:43:44	00:43:44	+00:09:28
26	128	Danny Mooney	M	MOpen	Team Derby Runner	00:44:01	00:44:01	+00:09:45
27	866	Mark Williams	M	MOpen	BADGERS	00:44:19	00:44:19	+00:10:03
28	116	Richard Masi	M	MV40	Team Derby Runner	00:44:47	00:44:47	+00:10:31
29	852	Jonathan Wareham	M	MV40		00:45:12	00:45:12	+00:10:56
30	180	James Stevens	M	MV50		00:45:18	00:45:18	+00:11:02
31	149	Stephen RICHARDSON	M	MOpen		00:45:21	00:45:21	+00:11:05
32	161	James Shaw	M	MOpen		00:45:25	00:45:25	+00:11:09
33	74	Ian Gordon	M	MOpen	NOTTS AC	00:45:26	00:45:26	+00:11:10
34	113	Michael Lockie	M	MV40		00:45:35	00:45:35	+00:11:19
35	171	Martin Smith	M	MV50		00:45:53	00:45:53	+00:11:37
36	44	Jon Cowley	M	MOpen		00:45:57	00:45:57	+00:11:41
37	70	Damon Freeston	M	MV40		00:46:13	00:46:13	+00:11:57
38	888	Bradbury Meek	M	MOpen		00:46:16	00:46:16	+00:12:00
39	80	Liam Hall	M	MOpen		00:46:50	00:46:50	+00:12:34
40	93	KEITH JACKSON-HORNER	M	MV60+	Milltown Milers	00:46:55	00:46:55	+00:12:39
41	26	Sam Calvert	F	top 3		00:46:57	00:46:57	+00:12:41
42	118	Mairi Mcgilveray	F	FOpen	Derwent Runners (Derby)	00:47:11	00:47:11	+00:12:55
43	65	Robin Fergusson	M	MV50	Run Local	00:47:15	00:47:15	+00:12:59
44	146	Michael Read	M	MV60+		00:47:15	00:47:15	+00:12:59
45	172	Matt Smith	M	MOpen		00:47:36	00:47:36	+00:13:20
46	11	Derren Berresford	M	MV40		00:47:41	00:47:41	+00:13:25
47	91	Sarah Huskinson	F	FOpen	Team Derby Runner	00:47:46	00:47:46	+00:13:30
48	189	Andrew Tesh	M	MV40		00:48:00	00:48:00	+00:13:44
49	76	Ian Graham	M	MOpen		00:48:11	00:48:11	+00:13:55
50	117	Dean Masters	M	MV50		00:48:11	00:48:11	+00:13:55
51	68	Jayne Fitzpatrick	F	FV35	Ripley Running Club	00:48:31	00:48:31	+00:14:15
52	871	Richard Wroughton	M	MOpen		00:48:35	00:48:35	+00:14:19
53	142	lizzie poole	F	FV35	Team Balanced Performance	00:49:02	00:49:02	+00:14:46
54	1	Rob Abrehart	M	MOpen		00:49:08	00:49:08	+00:14:52
55	124	Vicki Metcalfe	F	FOpen		00:49:13	00:49:13	+00:14:57
56	199	Paul Walker	M	MV40		00:49:13	00:49:13	+00:14:57
57	412	Emily Walton	F	FOpen		00:49:16	00:49:16	+00:15:00
58	862	Adrian Wheatley	M	MV60+		00:49:26	00:49:26	+00:15:10
59	167	Adam Smith	M	MV40		00:49:27	00:49:27	+00:15:11
60	870	Vickie Wright	F	FV35		00:49:46	00:49:46	+00:15:30
61	21	Ian Brett	M	MV40		00:49:58	00:49:58	+00:15:42
62	197	Penny Vale	F	FV35	shelton striders	00:50:01	00:50:01	+00:15:45
63	177	Adrian STARKEY	M	MOpen	Derwent Runners (Derby)	00:50:05	00:50:05	+00:15:49

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64	123	Kevin Mellin	M	MV50		00:50:34	00:50:34	+00:16:18
65	159	Jo Seekings	F	FV45		00:50:36	00:50:36	+00:16:20
66	42	Patrick Connally	M	MOpen	Rolls Royce Harriers	00:50:45	00:50:45	+00:16:29
67	114	James Louth	M	MOpen		00:50:46	00:50:46	+00:16:30
68	193	Annette Trindell	F	FV45	Long Eaton Running Club	00:50:49	00:50:49	+00:16:33
69	200	Pamela Walker	F	FV35		00:50:55	00:50:55	+00:16:39
70	158	Sarah SCOTT	F	FOpen	hatton darts	00:51:02	00:51:02	+00:16:46
71	125	Angela Miller	F	FV35	Team Derby Runner	00:51:06	00:51:06	+00:16:50
72	39	Alice Cockrean	F	FOpen		00:51:12	00:51:12	+00:16:56
73	851	Russell Wall	M	MOpen		00:51:18	00:51:18	+00:17:02
74	112	Aaron LLOYD - MCARTHUR	M	MOpen		00:51:19	00:51:19	+00:17:03
75	887	Connor Surrell	M	MOpen		00:51:22	00:51:22	+00:17:06
76	151	Sioned Robinson	F	FOpen		00:51:35	00:51:35	+00:17:19
77	864	Chris Williams	M	MOpen		00:51:35	00:51:35	+00:17:19
78	136	Darron Owen	M	MV40		00:51:48	00:51:48	+00:17:32
79	28	Rebekah Carnall	F	FOpen		00:51:49	00:51:49	+00:17:33
80	121	Tor Meadows-Evans	F	FV35		00:51:51	00:51:51	+00:17:35
81	157	Jenny Scott	F	FV35		00:52:01	00:52:01	+00:17:45
82	72	John Gadsby	M	MOpen		00:52:05	00:52:05	+00:17:49
83	79	Alex Hall	F	FV35	shelton striders	00:52:09	00:52:09	+00:17:53
84	170	Simon Smith	M	MV40		00:52:15	00:52:15	+00:17:59
85	10	Stephen Beal	M	MV40		00:52:16	00:52:16	+00:18:00
86	88	ALISON HOGG	F	FV35	Beeston AC	00:52:19	00:52:19	+00:18:03
87	18	Matt Boyd	M	MOpen		00:52:20	00:52:20	+00:18:04
88	863	Paul WILLIAMS	M	MOpen		00:52:21	00:52:21	+00:18:05
89	893	Tim Cooke	M	MV40		00:52:21	00:52:21	+00:18:05
90	20	David Bradbrook	M	MV40		00:52:29	00:52:29	+00:18:13
91	77	Alex Gregory	M	MOpen		00:52:46	00:52:46	+00:18:30
92	52	Phil Daws	M	MV40		00:53:00	00:53:00	+00:18:44
93	31	Chris CHAMBERS	M	MV40		00:53:05	00:53:05	+00:18:49
94	859	Emma WEST	F	FV35	North Derbyshire RC	00:53:07	00:53:07	+00:18:51
95	64	Anna Evans	F	FOpen		00:53:21	00:53:21	+00:19:05
96	78	Gareth Griffiths	M	MV40		00:53:31	00:53:31	+00:19:15
97	880	John Varcly	M	MV50		00:53:37	00:53:37	+00:19:21
98	156	Alan SAWOJKA	M	MV50		00:53:54	00:53:54	+00:19:38
99	869	Alyson Woodcock	F	FV45		00:53:54	00:53:54	+00:19:38
100	166	Emma Smith	F	FV35		00:53:57	00:53:57	+00:19:41
101	188	Charlotte Taylor	F	FOpen	Thunder Runners	00:54:05	00:54:05	+00:19:49
102	131	Rebecca Moulton	F	FOpen		00:54:11	00:54:11	+00:19:55
103	102	Helen Kellett	F	FOpen		00:54:13	00:54:13	+00:19:57
104	53	Jacqui DICKENSON	F	FV45		00:54:27	00:54:27	+00:20:11
105	6	Cassandra Auld	F	FOpen		00:54:39	00:54:39	+00:20:23
106	32	Bali Chumber	M	MOpen		00:54:57	00:54:57	+00:20:41
107	879	Steven Ginno	M	MV40		00:54:58	00:54:58	+00:20:42
108	162	Caroline Simpson	F	FV45		00:55:02	00:55:02	+00:20:46
109	57	Sarah Driscoll	F	FOpen		00:55:13	00:55:13	+00:20:57
110	61	Laura Ellis	F	FOpen		00:55:15	00:55:15	+00:20:59
111	139	Grace Pearn	F	FV45		00:55:18	00:55:18	+00:21:02
112	183	Craig Stinchcombe	M	MV40		00:55:27	00:55:27	+00:21:11
113	92	Dean Jackson	M	MV40		00:55:34	00:55:34	+00:21:18
114	181	Adam Stevenson	M	MV40		00:55:34	00:55:34	+00:21:18
115	178	Thomas Starling	M	MOpen		00:55:38	00:55:38	+00:21:22
116	82	Sarah Harrison	F	FOpen		00:55:51	00:55:51	+00:21:35
117	163	Jane Sipson	F	FV45		00:55:56	00:55:56	+00:21:40
118	7	Rebecca Avery	F	FV35		00:56:08	00:56:08	+00:21:52
119	154	Lindsey Rowlinson	F	FOpen		00:56:08	00:56:08	+00:21:52
120	872	Kirsty Young	F	FOpen		00:56:08	00:56:08	+00:21:52
121	90	Kim Howe	F	FV45	Long Eaton Running Club	00:56:14	00:56:14	+00:21:58
122	196	Rebecca Upton	F	FOpen		00:56:14	00:56:14	+00:21:58
123	175	Helen Spencer	F	FV35		00:57:35	00:57:35	+00:23:19
124	120	Elizabeth Mcnamee	F	FOpen		00:57:41	00:57:41	+00:23:25
125	49	Rebecca Crossley	F	FV35	UKNETRUNNER.CO.UK	00:58:00	00:58:00	+00:23:44
126	101	Matt Kearns	M	MV40		00:58:03	00:58:03	+00:23:47
127	106	Julie Kirk	F	FV45		00:58:07	00:58:07	+00:23:51

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128	108	Sarah LANGLOIS	F	FV35		00:58:16	00:58:16	+00:24:00
129	45	Bob Crockford	M	MV50	Long Eaton Running Club	00:58:28	00:58:28	+00:24:12
130	875	Jenefer Clark	F	FV35		00:58:30	00:58:30	+00:24:14
131	13	Lisa Birkinshaw	F	FV35		00:58:48	00:58:48	+00:24:32
132	892	Phil Carter	M	MOpen		00:58:48	00:58:48	+00:24:32
133	48	Christopher Crockford	M	MV40		00:59:06	00:59:06	+00:24:50
134	56	Kate Dovey	F	FOpen		00:59:07	00:59:07	+00:24:51
135	41	Graham Collins	M	MV60+	Milltown Milers	00:59:19	00:59:19	+00:25:03
136	34	Andrew Clark	M	MV60+		00:59:20	00:59:20	+00:25:04
137	191	Natasha Thomas	F	FOpen		00:59:24	00:59:24	+00:25:08
138	889	James Bowles	M	MOpen		00:59:39	00:59:39	+00:25:23
139	46	Kathy Crockford	F	FV55	Long Eaton Running Club	00:59:40	00:59:40	+00:25:24
140	60	Shaun Elliott	M	MV40		00:59:54	00:59:54	+00:25:38
141	115	Alice Mable	F	FOpen		01:00:06	01:00:06	+00:25:50
142	30	Steve Case	M	MV60+		01:00:07	01:00:07	+00:25:51
143	29	Lee Carter	M	MV40		01:00:15	01:00:15	+00:25:59
144	97	Joanne Jones	F	FV35		01:00:15	01:00:15	+00:25:59
145	73	Sarah Garratt	F	FV35		01:00:16	01:00:16	+00:26:00
146	33	Chris Clark	M	MOpen		01:00:21	01:00:21	+00:26:05
147	69	Zoe Francis	F	FV35		01:00:21	01:00:21	+00:26:05
148	129	Caroline Moore	F	FV35		01:00:21	01:00:21	+00:26:05
149	134	Chris Neale	M	MOpen		01:00:22	01:00:22	+00:26:06
150	148	Harli-Marie Richards	F	FOpen		01:00:36	01:00:36	+00:26:20
151	17	Kathy Bosley	F	FV45		01:00:39	01:00:39	+00:26:23
152	98	Vic Jones	M	MV40		01:00:54	01:00:54	+00:26:38
153	99	Claire Jones	F	FV35		01:00:54	01:00:54	+00:26:38
154	890	Lynn Shacklock	F	FV35		01:00:59	01:00:59	+00:26:43
155	132	John Moxham	M	MV50		01:01:07	01:01:07	+00:26:51
156	853	Yvonne WARING	F	FV45		01:01:13	01:01:13	+00:26:57
157	174	Jessica Spalding	F	FOpen		01:01:28	01:01:28	+00:27:12
158	127	Laura Monk	F	FOpen		01:01:31	01:01:31	+00:27:15
159	855	Nicola Warwick	F	FV35		01:01:34	01:01:34	+00:27:18
160	876	Karen Morley	F	FV45		01:01:37	01:01:37	+00:27:21
161	100	Maria Jukes	F	FOpen		01:01:44	01:01:44	+00:27:28
162	865	Lou Williams	F	FV35		01:01:44	01:01:44	+00:27:28
163	59	Eve Elliott	F	FV35		01:01:47	01:01:47	+00:27:31
164	185	Razia Sultana	F	FOpen		01:02:01	01:02:01	+00:27:45
165	71	Helen Gadsby	F	FV35		01:02:09	01:02:09	+00:27:53
166	119	'bea'una ' Mcginty	F	FOpen		01:02:11	01:02:11	+00:27:55
167	40	Sarah Codd	F	FV35		01:02:19	01:02:19	+00:28:03
168	23	Diane Brooks	F	FV35		01:02:36	01:02:36	+00:28:20
169	182	Helen Stinchcombe	F	FV35		01:02:44	01:02:44	+00:28:28
170	141	Alex Peskov	M	MOpen		01:02:45	01:02:45	+00:28:29
171	857	Edwin Watkins	M	MV50	Team Derby Runner	01:02:52	01:02:52	+00:28:36
172	135	Rebecca Oldershaw	F	FV35		01:02:55	01:02:55	+00:28:39
173	152	Angela Roome	F	FV45	Team Derby Runner	01:02:55	01:02:55	+00:28:39
174	145	Tim Rance	M	MV40		01:03:01	01:03:01	+00:28:45
175	12	Kate Berresford	F	FV35		01:03:08	01:03:08	+00:28:52
176	138	Parool Patel	F	FV35		01:03:14	01:03:14	+00:28:58
177	861	Kat Westwood	F	FOpen		01:03:14	01:03:14	+00:28:58
178	891	Rob Carter	M	MOpen		01:03:14	01:03:14	+00:28:58
179	186	Helen Swan	F	FV35		01:03:29	01:03:29	+00:29:13
180	190	Sarah Tew	F	FV35		01:03:30	01:03:30	+00:29:14
181	75	Georgina Gormley	F	FOpen		01:03:32	01:03:32	+00:29:16
182	882	Amanda Poxon	F	FV35		01:03:47	01:03:47	+00:29:31
183	144	Ian Porter	M	MV40		01:03:51	01:03:51	+00:29:35
184	122	Carly Mear	F	FOpen	Washlands Women Runners	01:04:39	01:04:39	+00:30:23
185	179	Mae Stenson	F	FV35	Washlands Women Runners	01:04:39	01:04:39	+00:30:23
186	173	Jennifer Snape	F	FOpen		01:05:22	01:05:22	+00:31:06
187	874	Katie Linter	F	FV35		01:05:29	01:05:29	+00:31:13
188	873	Judy Zhou	F	FV35		01:06:30	01:06:30	+00:32:14
189	8	Melissa Bahakam	F	FOpen		01:06:37	01:06:37	+00:32:21
190	130	Niall Morton	M	MOpen		01:06:37	01:06:37	+00:32:21
191	66	Chrissie Fergusson	F	FV45	Run Local	01:06:46	01:06:46	+00:32:30

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192	4	Sally Archer	F	FOpen		01:07:56	01:07:56	+00:33:40
193	858	Lorna Watkins	F	FV35		01:07:57	01:07:57	+00:33:41
194	884	Karen Griffins	F	FV45		01:09:01	01:09:01	+00:34:45
195	885	Michael Bates	M	MV40		01:09:01	01:09:01	+00:34:45
196	187	Katy Talbot	F	FOpen		01:10:25	01:10:25	+00:36:09
197	94	Ian Jennings	M	MOpen		01:11:22	01:11:22	+00:37:06
198	3	Helen Allenbury	F	FV35		01:11:23	01:11:23	+00:37:07
199	868	Sally Winterton	F	FV45	shelton striders	01:13:12	01:13:12	+00:38:56
200	47	Sarah Crockford	F	FV35		01:13:47	01:13:47	+00:39:31
-	105	Gordon Kirk	M	MV60+		00:00:00	00:00:00	-
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